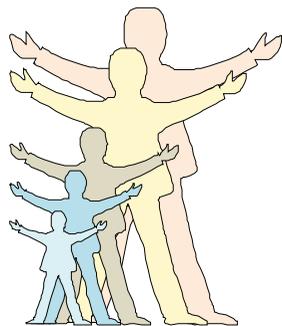


How to Become an Outstanding Orofacial Myologist



Course

Affectionately called “Myo Boot Camp” by past attendees, this is an approved course for those interested in entering the IAOM certification process and offers in-depth training for evaluation, diagnosis and treatment of Orofacial Myology disorders. Problem solving and interesting challenges are interwoven into this unique experience. Weak lips, speech disorders, mouth-breathing, poor suctioning skills, difficulty forming an acceptable bolus, digit sucking habits, airway issues, tongue tie (ankyloglossia), Oral Prep Stage of the Swallow, “tongue thrust,” drooling, and other conditions are part of this hands-on experience. The “Myo Manual” is included, giving each participant a sequential, systematic and sensible program of treatment that is used worldwide in speech, dental, and medical facilities.

Orofacial Myology: From Basics to Habituation Certification Track: Intensive Course



28 Hour Approved Course presented by

Sandra R. Holtzman
MS, CCC/SLP, COM

Becky Ellsworth,
RDH, BS, COM

With contributions by

Dr. Robert Mason
DMD, PhD, ASHA Fellow

OFFERING COURSES THAT PROVIDE YOU WITH A LEARNING EXPERIENCE THAT PARTICIPANTS HAVE CALLED “LIFE CHANGING”

2018 Offerings

| | | |
|-----------|------------|------------------|
| Aug 09-12 | COM course | Philadelphia, PA |
| Sep 27-30 | COM course | Toronto, CA |
| DEC 13-16 | COM course | Raleigh, NC |
| ONLINE | Symposium | Chicago, IL |

2019 Offerings

| | | |
|-----------|------------|--------------------|
| Feb 15-18 | COM course | Ft. Lauderdale, FL |
| Mar 28-31 | COM course | Raleigh, NC |
| Apr TBD | Symposium | TBD |
| Jun 06-09 | COM course | Saint Paul, MN |
| Aug 01-04 | COM course | Quebec, CA |
| Sep 12-15 | COM course | Boston, MA |
| Dec 05-08 | COM course | San Antonio, TX |

Additional offerings per request

Neo-Health Services, Inc.

[oro-facialmyology.com](http://www.oro-facialmyology.com)
 info@oro-facialmyology.com
 Ph 954-461-1114

Sandra R. Holtzman MS, CCC/SLP, COM



Author of “The Myo Manual,” Orofacial Myology: From Basics to Habituation, Sandra is a Certified Orofacial Myologist and Speech-Language Pathologist. Sandra has served on the Board of Directors and currently sits on the Board of Examiners of the International Association of Orofacial Myology (IAOM). She presents workshops throughout the United States and Canada. Prior to establishing Neo-Health Services, Inc. in 2001, she owned and directed a large multidisciplinary therapy center. In addition to offering the certification track courses, Sandra has online courses and provides short courses and presentations to all types of facilities and organizations. Sandra is an adjunct Associate Professor at the UNC Dental School, Chapel Hill, NC.

Becky Ellsworth, AAS, RDH, BS, COM



Has been an RDH for over 30 years and has worked in both TX and MI in private dental practices. Upon moving to Michigan, she was brought on staff for the Dental Hygiene program at Kalamazoo Valley Community College (KVCC). Becky was mentored by Marge Snow, one of the trailblazers in Orofacial Myology who pioneered a full year Orofacial Myology course built into the dental hygiene curriculum. After Marge’s retirement from KVCC in the 90’s, Becky became, and still is, the instructor of this course. Becky also provides orofacial myology services at Kalamazoo Speech Associates. She sits on the International Association of Orofacial Myology (IAOM) Board of Directors and is Chair of the Board of Examiners. Becky provides presentations and training courses throughout the US and Canada.

Robert Mason DMD, PhD, ASHA Fellow



Co-author of the leading text, Orofacial Myology: International Perspectives, Dr. Bob is the only known PhD speech-language pathologist/orthodontist combination in North America. Dr. Mason chaired two ASHA committees that wrote position statements and guidelines related to orofacial myofunctional disorders. Dr. Bob received his PhD in Speech Pathology from the U. of Illinois. He then served on speech pathology faculties for 10 years: Miami University (Ohio); U. of Tennessee; and U. of Kentucky (U-K). After completing dental studies at the U-K College of Dentistry, Dr. Bob obtained his orthodontic training at the U. of North Carolina. Dr. Mason served as Professor and Chief of Orthodontics in the Division of Plastic and Reconstructive Surgery at Duke University Medical Center for 20 years. He is now Emeritus Professor of Surgery at Duke Medical Center. He has published extensively in speech pathology, orofacial myology, medical and dental journals and texts, with special emphasis on OMDs and cleft/craniofacial conditions. Dr. Mason is a Past-President of the American Cleft Palate-Craniofacial Association.

Course Outline

DAY 1

| | |
|---------------|--|
| 8:00 - 8:30 | Introduction, Course Overview |
| 8:30 - 9:30 | Pre-Course Assessments |
| 9:30 - 10:15 | Scope, Certification Process |
| 10:15 - 10:30 | Break, snacks |
| 10:30 - 12:30 | Basic Anatomy & Physiology |
| 12:30 - 1:30 | Lunch on your own |
| 1:30 - 2:30 | Update on Orofacial Myology |
| 2:30 - 3:30 | TMD Symptoms, Tonsils & Adenoids Dentition, Orthodontic Phases, Appliances |
| 3:30 - 3:45 | Break, snacks |
| 3:45 - 5:00 | Case Hx, Infection Control, Oral Exam (hands-on experience); techniques to assess all pertinent structures and functions |

DAY 2

| | |
|---------------|---|
| 8:00 - 9:30 | Tongue-tie/Ankyloglossia: assessments & decision making, surgery, insurance, videos |
| 9:30 - 10:15 | Thumb Sucking Elimination |
| 10:15 - 10:30 | Break, snacks |
| 10:30 - 12:30 | Myo Manual: Phase One Treatment (hands-on experience) including Lingual Basic skills, Correct Suctioning; Lips, Masseter, Mentalis, other |
| 12:30 - 1:30 | Lunch on your own |
| 1:30 - 3:30 | Myo Manual Phase One, cont. |
| 3:30 - 3:45 | Break |
| 3:45 - 5:00 | Phase Two: Swallowing Mechanics |

DAY 3

| | |
|---------------|---|
| 9:00 - 11:30 | Myo Manual Phase Two cont. |
| 11:30 - 11:45 | Break |
| 11:45 - 12:30 | Phase Three: Integration into Lifestyle |
| 12:30 - 1:30 | Lunch on your own |
| 1:30 - 2:30 | Q & A |
| 2:30 - 2:45 | Break |
| 2:45 - 4:00 | Phase Three, cont. |
| 4:00 - 5:00 | Videos: Syndromes & various conditions |

DAY 4

| | |
|---------------|---|
| 9:00 - 10:00 | Speech Considerations: When? How? |
| 10:00 - 10:45 | Lisps and caution on methods used. |
| 10:45 - 11:00 | Break |
| 11:00 - 12:30 | How to Individualize; selecting from Myo Manual |
| 12:30 - 1:30 | Lunch |
| 1:30 - 3:15 | Myo Manual multiple uses; Online sources Referral sources, Sample office/other forms |
| 3:15 - 3:30 | Break |
| 3:30 - 5:00 | Brochures reviewed, dispensed Review, discuss and collect post tests Receive Certificates; Conclusion |

Course Objectives

Upon completion of this course, the participant will be able to do the following:

- Utilize Orofacial Myology: From Basics to Habituation (the Myo Manual) Program for oral myofunctional therapy, “tongue thrust” and other symptoms and disorders.
- Provide clients a method to eliminate sucking habits, nail biting, and other negative oral habits.
- Explain the connections upon one another of sucking habits, lisping, imprecise articulation, malocclusion, tongue-tie, poor eating skills, mouth breathing, self-esteem, and other findings.
- Explain the importance of the Oral Preparatory Phase of Swallow and be able to break it down into its various components.
- Evaluate and diagnose tongue-tie (ankyloglossia) and provide post frenectomy treatment.
- Administer an oral exam suitable for orthodontic and speech referrals.
- Describe which types of exercises to use for open lip posture, mouth breathing, digit-sucking habits, poor bolus control, drooling, post frenectomy, and other oral myofunctional symptoms.



Testimonials

*I really need to let you know how much your course has impacted my therapy. I have used more of what I learned in your course than any course I have ever taken. It really has brought my therapy to a new level Thanks,
Kim*

*I can't tell you enough how much your course was such a game changer! Thank you so much for all the time you and the rest of the team put into our education. It was the most thorough and clinically relevant instruction I've ever received.
Kaitlyn*

*I see so many benefits from your approaches. No one else has anything like it. It is the most useful info I have ever gotten and you are the best therapist I have ever known. I hope you will do more courses, artic courses and guides, etc.
Brenda R.*

*To date, your course is still the best one I have ever attended. Take care,
Helen*

*Hi Sandra,
Your course was outstanding and a true learning experience. It was by far the best workshop I EVER attended. You and Becky are a wonderful team and it is apparent that you both are Gurus of OMT.
Janet*

*I want to applaud you for your wonderful work in getting fact based and evidence based information out there regarding our field and scope of practice- It's so nice to see and I envy your energy!
Pat*

From course evaluation forms:

You did an amazing job explaining concepts and providing feedback on all exercise tasks immediately and with patience and concern that it is completed correctly. The videos of specific cases helped solidify concepts.

It is hard not to bubble over with enthusiasm when you just feel more enlightened by the minute!

The Myo Manual program is so incredibly comprehensive, and the sequence is perfect, so I've never felt the need for any other program.

I took someone else's course 2 years ago. It was very confusing and cookbook style.... Sandra's is much more comprehensive! I would just recommend evaluating your patients with her method!

I took a course in 2010, but decided to take Sandra's in 2013 because I felt there were some pieces missing. I honestly feel that Sandra's course offers all you could want from an intro course (and then some).

Everything exceeded my expectations. I liked the expertise, experience, social skills.....Sandra and Becky are REAL!!!!

Registration

Please note: **Class size is limited to enhance your learning experience.**

Register soon to secure your space.

Date of requested course: _____

Name: _____

Check credentials SLP___ RDH___ DDS___
other _____

Provide Lic # _____

Address _____

Email: _____

Phone Numbers in case you have to be contacted:

(c) _____

(h) _____

(w) _____

Amount of Payment \$ _____

Credit Card # _____

Code _____ Expiration Date _____

* ZIP Code related to Credit Card : _____

Register online at:

www.OrofacialMyology.com

Mail, Phone or Email Registration to:

Neo-Health Services, Inc.

308 Madres Ln, Morrisville, NC 27560

Phone: 954-461-1114

Email: info@OrofacialMyology.info

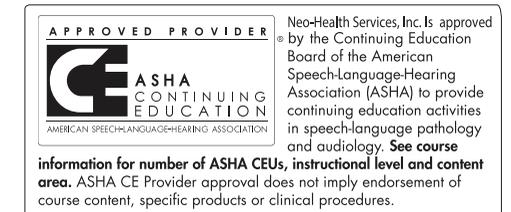
Registration Information

Registration : \$2300 and includes the following:

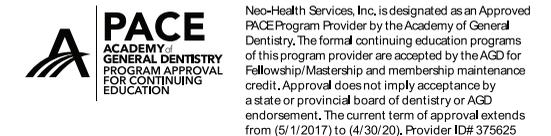
- The Myo Manual (Orofacial Myology: From Basics to Habituation)
- Start-up Supplies
- Hands-on exam and treatment materials
- Handouts, Sample Forms
- Beverages, Refreshments, and Day 4 Lunch

Cancellation Policy:

Prior to 21 days preceding first day of course as follows: Registration fee returned less \$199 fee, which covers cost of Myo Manual and course supplies that will be sent to registrant for their use. Merchant charges may apply. Any cancellation after this period will be credited for a future Neo-Health Services, Inc. course.



This course is offered for 2.8 ASHA CEUs (Intermediate level, Professional area.)



This course is offered for 28 CEUs

COURSE CONTENT DISCLOSURE FINANCIAL

- Sandra Holtzman is the owner/director of Neo-Health Services, Inc. and the major shareholder of the company.
- Becky Ellsworth receives financial compensation from Neo-Health Services, Inc. as an instructor.
- Dr. Robert Mason receives compensation from Neo-Health Services, Inc. as a course contributor.

NON-FINANCIAL

- Sandra Holtzman sits on the Board of Examiners of the International Association of Orofacial Myology.
- Becky Ellsworth is Chair of the Board of Examiners of the International Association of Orofacial Myology.
- Dr. Robert Mason chaired two ASHA committees that wrote position statements and guidelines.

Neo-Health Services, Inc. provides orofacial myology products, some of which are mentioned/demonstrated.